



2018 LITHUANIAN OPEN KICKBOXING CHAMPIONSHIP

1. Organize

The Championship is organized by the Lithuanian Kickboxing Federation in accordance with W.A.K.O. rules.

The Championship are held in the disciplines of K1, Kick Light and Light Contact (veterans).

The chief judge – international category referee Vadim Zelev.

The regulations are an official invitation to participate in 2018 Lithuanian open kickboxing championship for cadets, juniors and seniors.

2. Date and place

The championship will be held from 24 to 25 March 2018 in Visaginas, the Lithuanian Republic of.

Arrival – March 23 up to 20 hours. Street address: Ramybės k., Balto g. 1 „Visagino parkas“, training building Nr. 1V.

Accommodation:

1 single room with breakfast – 25 EUR

1 double room with breakfast – 38 EUR

1 triple room with breakfast – 51 EUR

All teams and participants of the championship are placed only in the accommodation provided by the organizers.

Competition place: Vilties st. 5A, Visaginas, Lithuania;
Visaginas Recreation and Sports Center.

3. Program

March 23 1700-2000 – registration and weigh-in.

March 24 1000-2000 – eliminations fights and semi-finals.

March 25 1100 – final fights, awarding the winners of the championship.

4. Participants

The age of participant's 2018 Lithuanian open kickboxing championship:

K1:

- a. older cadets – 13-14 year old.
- b. younger juniors – 15-16 year old.
- c. older juniors – 17-18 year old;
- d. seniors – 19 year old and over.

Kick Light:

- e. younger cadets – 10-11-12 year old.
- f. older cadets – 13-14-15 year old.
- g. juniors – 16-17-18 year old.
- h. seniors – 19 year old and over.

Light Contact & Kick Light veterans: 39 - 55 year.

Weight category: -75kg, -84kg, +84kg

Each fighter must have an insurance policy and a medical cart.

Entry fee – 15 EUR.

Preliminary applications for participation must be submitted by March 19, 2018 by email: info@kickboxing.lt

5. Equipment

Athletes are allowed to battle in the presence of a boxing helmet, boxing gloves 10 oz., a groin guard, kappa, soft pads on the leg and foot or feet, Thai boxing shorts.

For Kick Light and Light Contact – mandatory foots!

6. Awarding

Winners of the championship are awarded medals and diplomas.

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