

10<sup>th</sup>

INTERNATIONAL

B&Hac



OPEN



2



9

Semi Contact  
Light Contact  
Full Contact  
Low Kick  
K1 Style  
Musical Forms  
Aerokickboxing

younger cadets

older cadets

juniors

seniors



April 4th 2009  
sports hall "Luke"

# Invitation



Semi Contact | Light Contact | Full Contact | Low Kick | Aerokickboxing (individual & team) | Musical Forms

**Organiser:** Kickboxing Federation of Bosnia and Herzegovina

**Technical organiser:** Kickboxing Center "Bihac"

**Place:** Bihac (sports hall "Luka")

**Date:** April 4th 2009. (from 7 o'clock am)

**Competitors Proposition:** W.A.K.O-rules

## Competition schedule:

•03rd April

Friday from 17:00-22:00 - weight in

•04th April

Saturday

7:00-9:00 o'clock - registration, weight in

9:00-10:00 • meeting of judges - presentation of rules, the lot

10:00-10:30 • meeting of organizer, judges & coaches

10:30 • Opening ceremony, Elimination fights, cadets finals too! .... all disciplines  
• PAUSE -lunch for all competitors

19:00 • FINAL FIGHTS  
(Semi, Light, Full Contact, Low Kick)

## Information:

Zijad Halilović -mob. +387 62 594 008

Veldin Halilović -mob. +387 61 773 701(eng)

[www.kickboxing.ba/bih-open](http://www.kickboxing.ba/bih-open)

[zijoh@kickboxing.ba](mailto:zijoh@kickboxing.ba)

Last day for entry:

**Friday, 03rd April 2009**

All fighters should  
Have medical conviction  
Manager and organiser don't  
accept responsibility and take  
no guaranty

Registration:

e-mail: [zijoh@kickboxing.ba](mailto:zijoh@kickboxing.ba)

fax: +387 37 304 208

Participation:

• clubs, individual

• **start: 10 € (per category)**

• **team: 20 €**

# Categories:

## •Semi Contact - Youts (younger cadets, older cadets)

boys -under 16 y. (the oldest 1993.): -28,-32,-37,-42,-47,-52,-57,-63,-69,+69 kg  
girls -under 15 y. (the oldest 1994.): -28,-32,-37,-42,-46,-50,-55,-60,-65,+65 kg

## •Light Contact - Youts (younger cadets, older cadets)

boys -from 12 to 16y. (born 1993-1997): -42,-47,-52,-57,-63,-69,+69 kg  
girls - from 12 to 16y (born 1994-1997): -42,-46,-50,-55,-60,-65,+65 kg

## •Semi Contact i Light Contact - Adults (juniors, seniors)

men (over 16 years) : -,57,-63,-69,-74,-79,-84,-89,+89 kg  
women (over 15 years): -50,-55,-60,-65,+65 kg

## •Full Contact, Low Kick (m,w)

men (over 16 years) : -51,-54,-57,-63,5,-67,-71,-75,-81,-86,91,+91 kg  
women (over 15 years): -52,-56,-60,-65,-70,+70 kg

## •Aerobic Kickboxing - women - open category

-individual

-team

•Musical forms - women -open category

•Musical forms - men - open category

If there is no enough number of fighters in one category (minimum 3) that category will be fold up with the next category.

## Awards:

• Medals and Diplomas :  
1st to the 3rd place

## • Money prizes for the best!

The Best competitor in:

• semi contact = 1000€  
• light contact = 1000€

• full contact = 1500€  
• low kick = 1500€  
• ki style = 1500€

## Accommodation

**HOTEL - \*30 €**  
**Pansions - \*15 €**

\*this prices are about the written depends of which hotel or pansion you chose

### Hotel "Ada S"

Husrefa Redžića 1, Bihać  
+387 37 311 570  
+387 61 613 145  
E-mail: info@hotelbihac.com  
www.hotelbihac.com

### Motel "Avlija"

Trg Maršala Tita 7. Bihać  
Tel: +387 37 220-882  
Fax: +387 37 220-882  
E-mail: info@avlija-motel.ba/  
www.avlija-motel.ba

### Hotel "Opal Exclusive"

Krupska b.b.  
+387 37 224 183  
+387 37 228 585  
E-mail: info@opalexclusive.com  
www.opalexclusive.com

### Hotel "Park"

V Korpusa bb, Bihać  
+387 37 226 394  
+ 38737 226 381  
E-mail: info@aduna.ba  
www.aduna.ba

### Hotel "Paviljon"

Aleja Alije Izetbegovica b.b.  
+387 37 224 194  
+387 37 228 608  
E-mail: hotel-paviljon@live.com

### Hotel "Rio Mare"

Jablanska bb, Bihać  
+387 37 31 53 08  
+387 37 31 53 09

### Pansion "Kod Ede"

Hanovi 6, Bihać  
+ 387 61 756 832  
+ 387 37 310 537  
E-mail: pansion\_edo@yahoo.de  
www.pansion-edo.4t.com

### Pansion "Hanka"

Čehajića mahala 1, Bihać  
+ 387 37 310 598

### Motel "Luna"

Kostela bb, Bihać  
+387 61 163 595

### Pansion "Vila Una"

Bihačkih branilaca, Bihać  
+ 387 37 311 393



# Biháč

The area was settled from at least Illyrian and Roman times, but the town itself was first mentioned in 1260, in a document of King Bela IV.



Bihac is located in Northwest part of Bosnia and Herzegovina, on the border with Croatia. It is administrative, educational and cultural centre of Una-Sana Canton. Area of Municipality covers 900 square kilometers with population of 60.810. The relief of Bihac Municipality is diverse, with fields, karst, hilly and mountain areas, with rich water flows and springs. One of the cleanest and most beautiful rivers in Europe, named by the ancient Romans - Una (one and only) flows through Bihac. River Una has many natural beauties - such as the canyon, waterfalls and rapids, especially in Bihac Municipality. The area is rich with karst caves, flora and fauna and it is rare example of ecologically completely saved biodiversity.

If you look for active vacation, Bihac can offer you the most. For this kind of tourism, Bihac and Una river are unique challenge. The ambience of water, air and mountain heights can fulfill all tourists' wishes. River Una offers you unforgettable rafting or kayak descent down the rapids. The bravest can try speed river and cave diving on unbelievable locations and meet very rare cave organisms. If you like fishing, rivers Una and Klokot are real paradise with rich and diverse fish reserves, and real challenge for sport fishermen. Forest surroundings are propitious for hunting with a lot of wild game such as boar, fox, brown bear, deer, pheasant and grouse. Panoramic flight with airplane or glider adds new dimension to the unique experience.

Bihac has sport infrastructure that allows development of professional and amateur sport teams and individuals in indoor and outdoor sports. The stadium, sport halls, bowling alley, kayak tracks, diving centre, thermal recreation centre, sport airfield and hippodrome combined with the fresh air and clean water, are some of the sport sites that Bihac can offer. More than twenty different sports happen daily throughout the town. Football has a long tradition here, with the club "Jedinstvo", founded in 1919.

Natural beauties and the old town inspire many artists. Some of them come to discover a new detail; some of them come to exhibit. Bihac has become a popular destination for theatre artists during Summer Theatre Festival, who show all the beauty of the play in the natural set design of the old city centre. Art gallery and the Regional Museum in Captain's tower, with its rich collection of items from the Paleolithic period to the modern history, are the right places for every art lover.

*Welcome to Bihac!*